

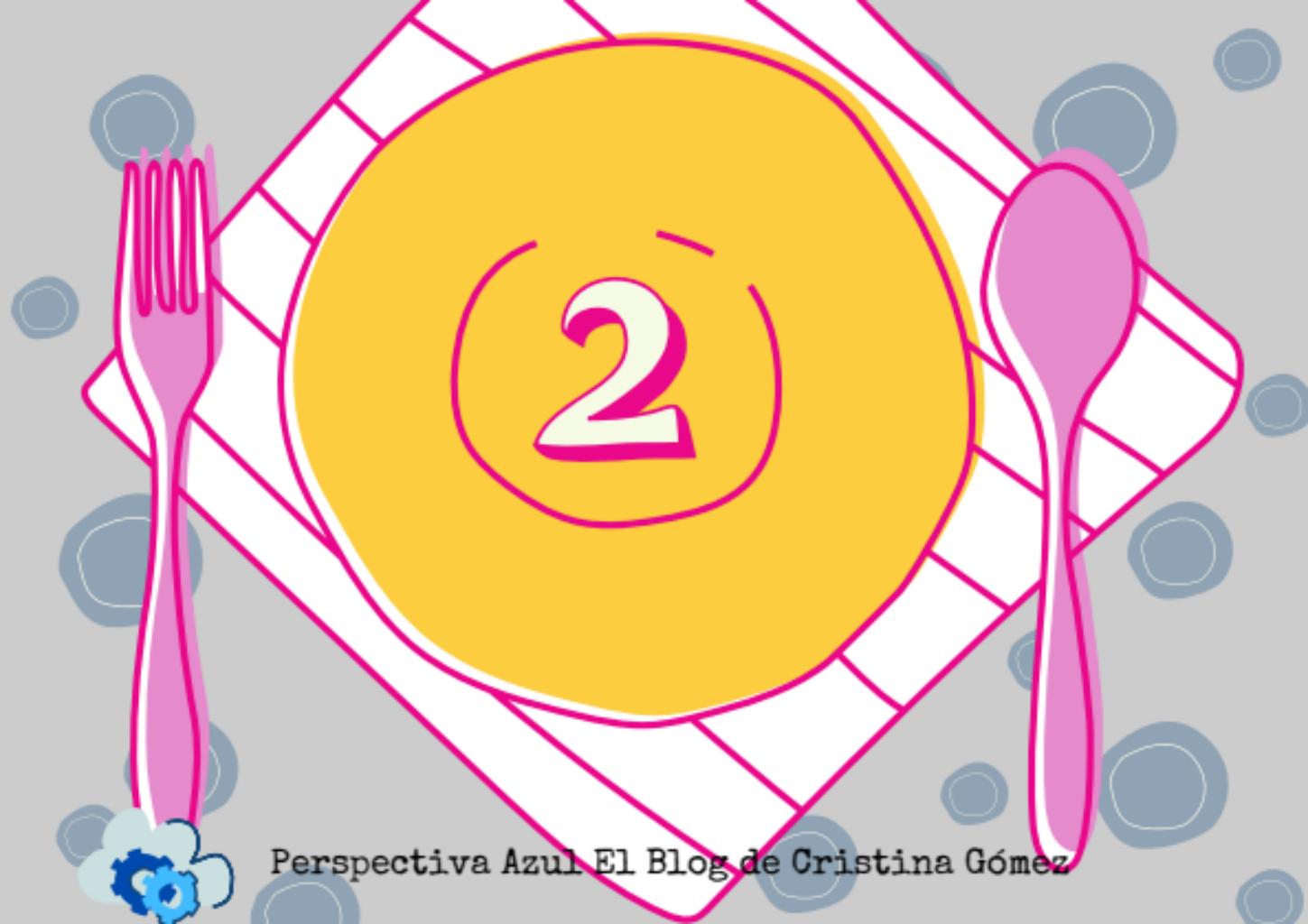
MIS RECETAS





1

Perspectiva Azul El Blog de Cristina Gómez



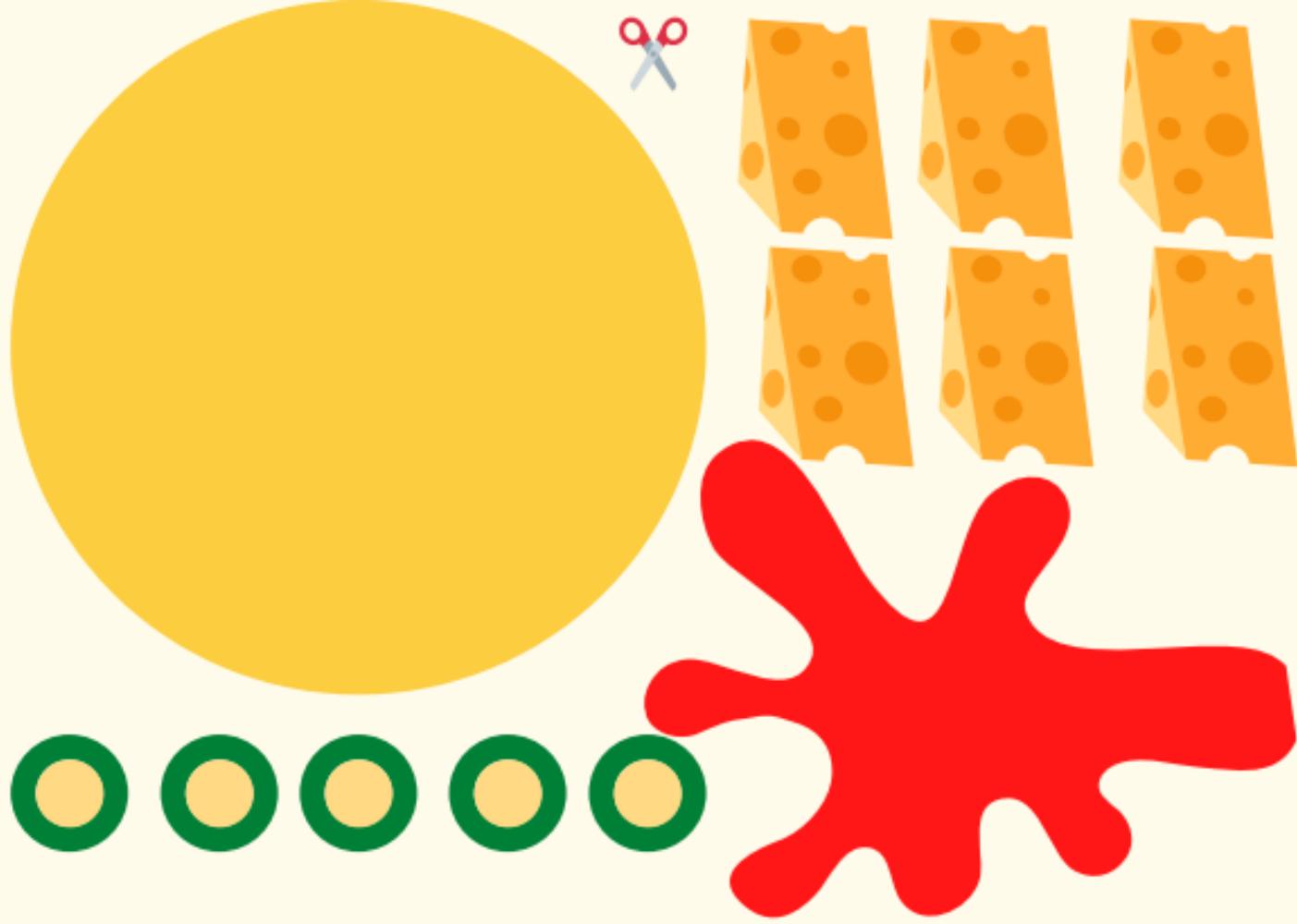
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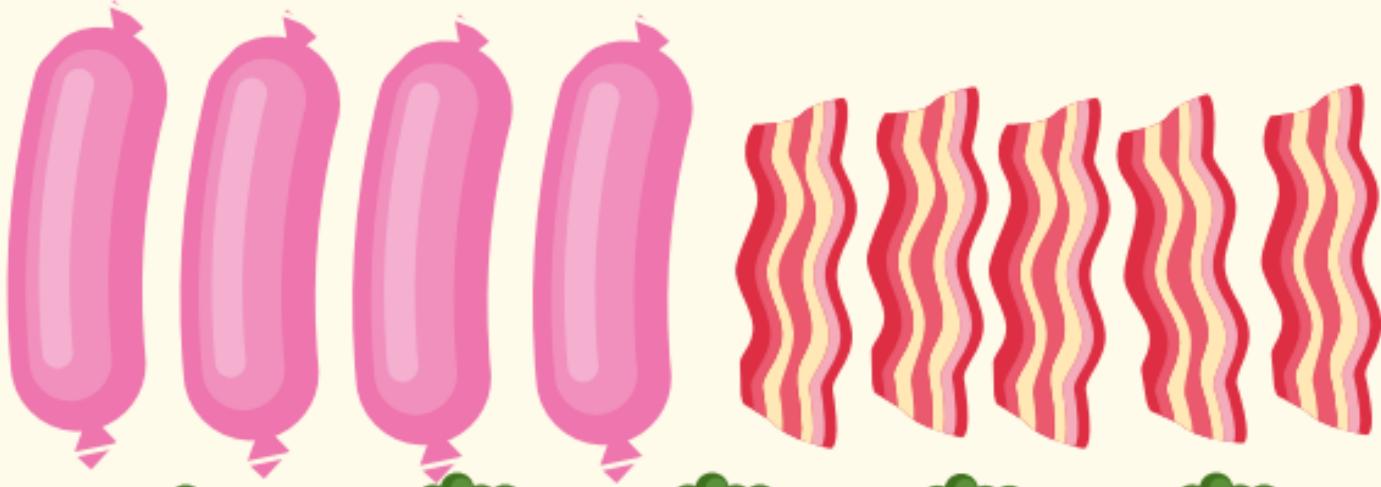


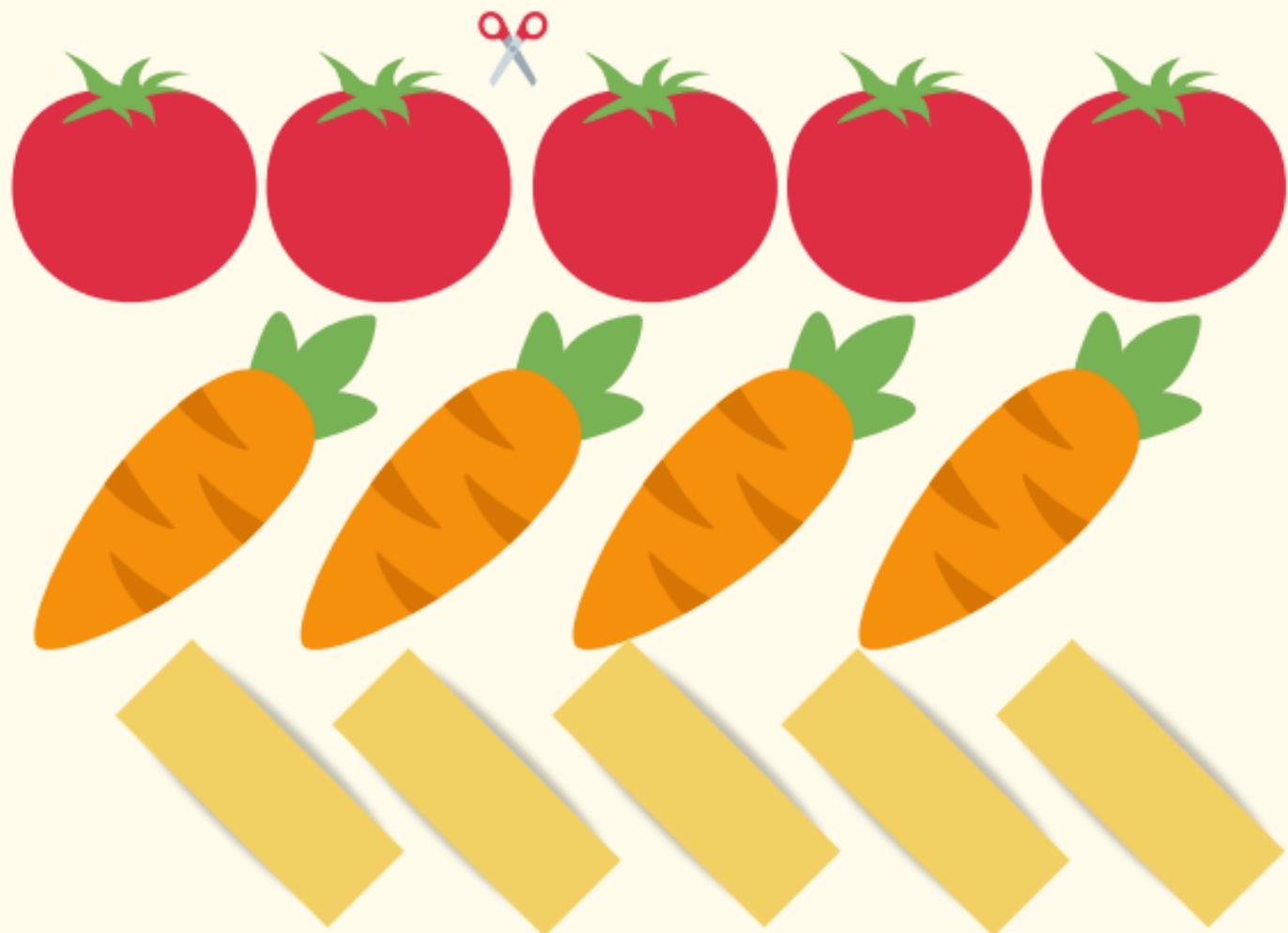
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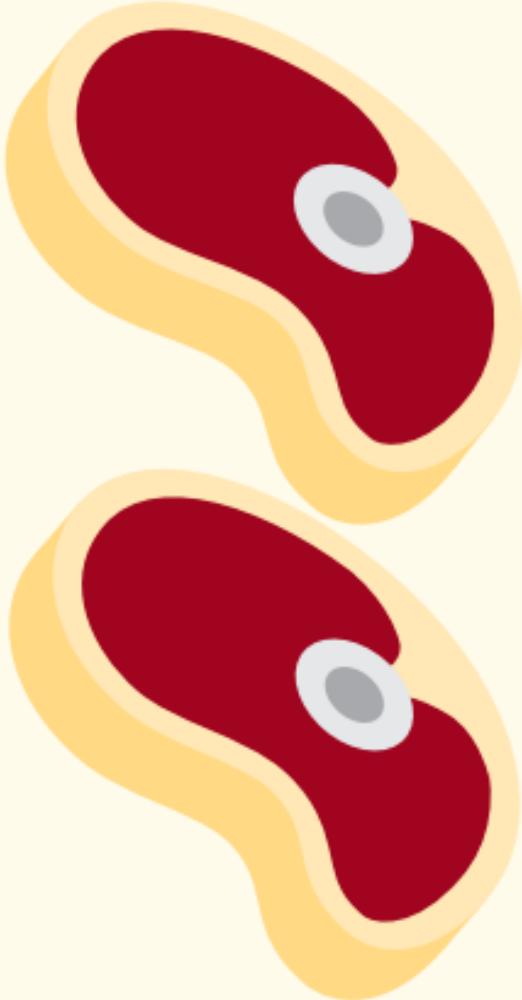
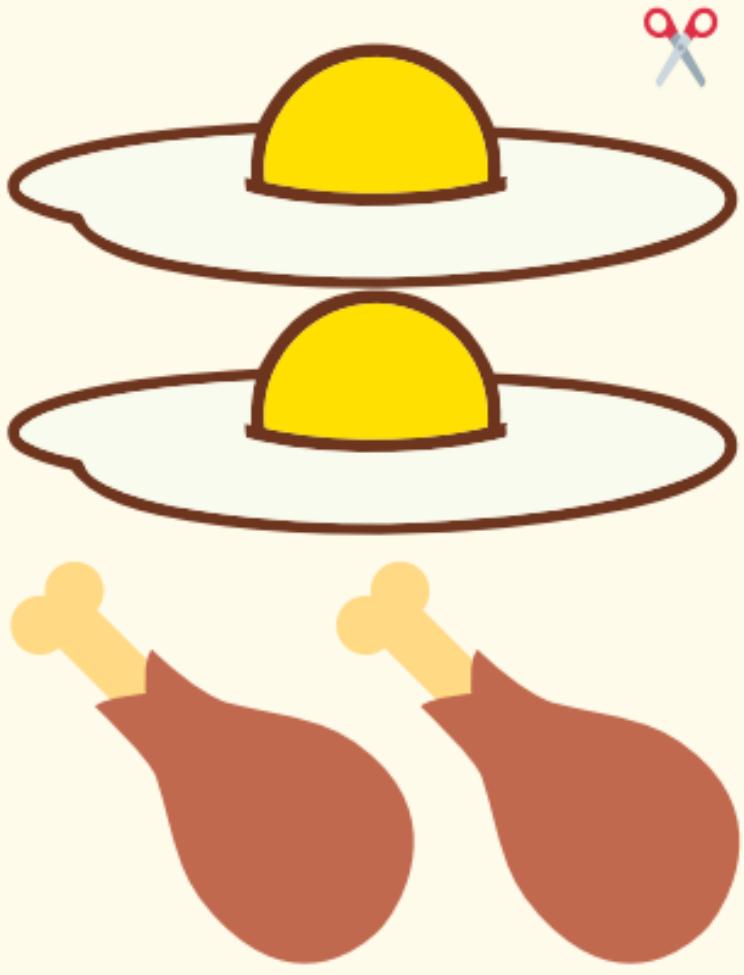


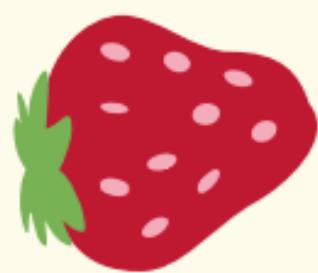
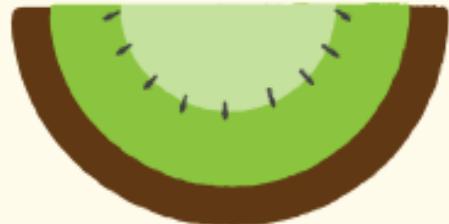
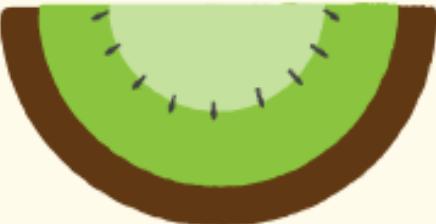
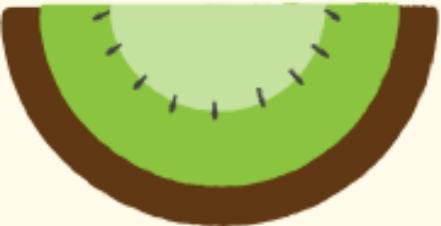
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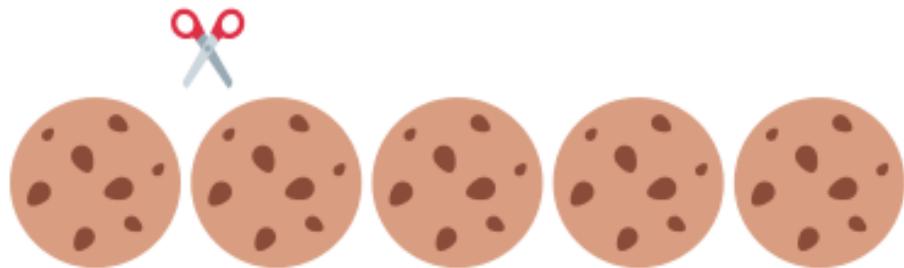
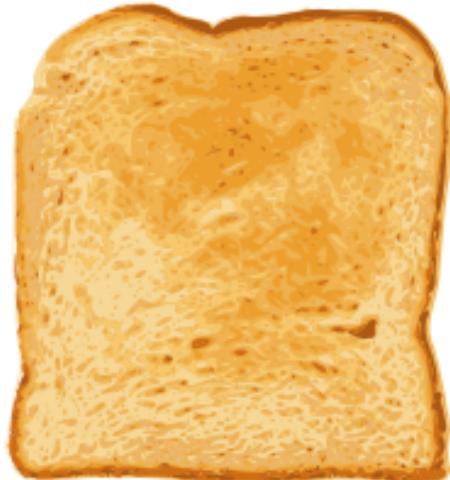












PIZZA

INGREDIENTES



**PONEMOS TOMATE
4 LONCHAS DE QUESO
5 ACEITUNAS
3 LONCHAS DE BEICON
3 PIMIENTOS**



CHULETAS

INGREDIENTES



1 CHULETA



2 HUEVOS



4 PATATAS FRITAS



2 PIMIENTOS

ENSALADA

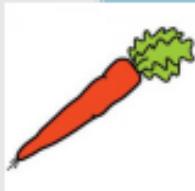
INGREDIENTES



3 TOMATES



4 TROZOS DE BROCOLI



3 ZANAHORIA



4 PIMIENTOS



FRUTA VARIADA

INGREDIENTES



RODAJAS DE NARANJA

2 RODAJAS DE KIWI



3 FRESAS



4 RODAJAS DE LIMÓN



